

=For the 2027 entrance examination in Tokyo=

Tokyo High School Admission Guide for Students whose Language is not Japanese

Information materials for
entrance examination



High School Entrance Guidance Steering Committee
produced by Multicultural Centre Tokyo

2027

To everyone who wants to go to high school in Tokyo

Hello everybody!

In Japan, 98 out of every 100 junior high school students go on to high school. Attending high school is necessary to obtain qualifications needed for work or to advance to university or other higher education. We hope that all of you will graduate from high school, find and realize your dreams for the future.

We opened “Guidance for High School Entrance” for those who want to go to high school in Tokyo. With the global spread of the new coronavirus infection calming down, more and more children who have come to Japan want to go to high school.

We made a WEB version that clearly explains the information needed for high school entrance exams in Tokyo. We hope many people aiming for high school will read it.

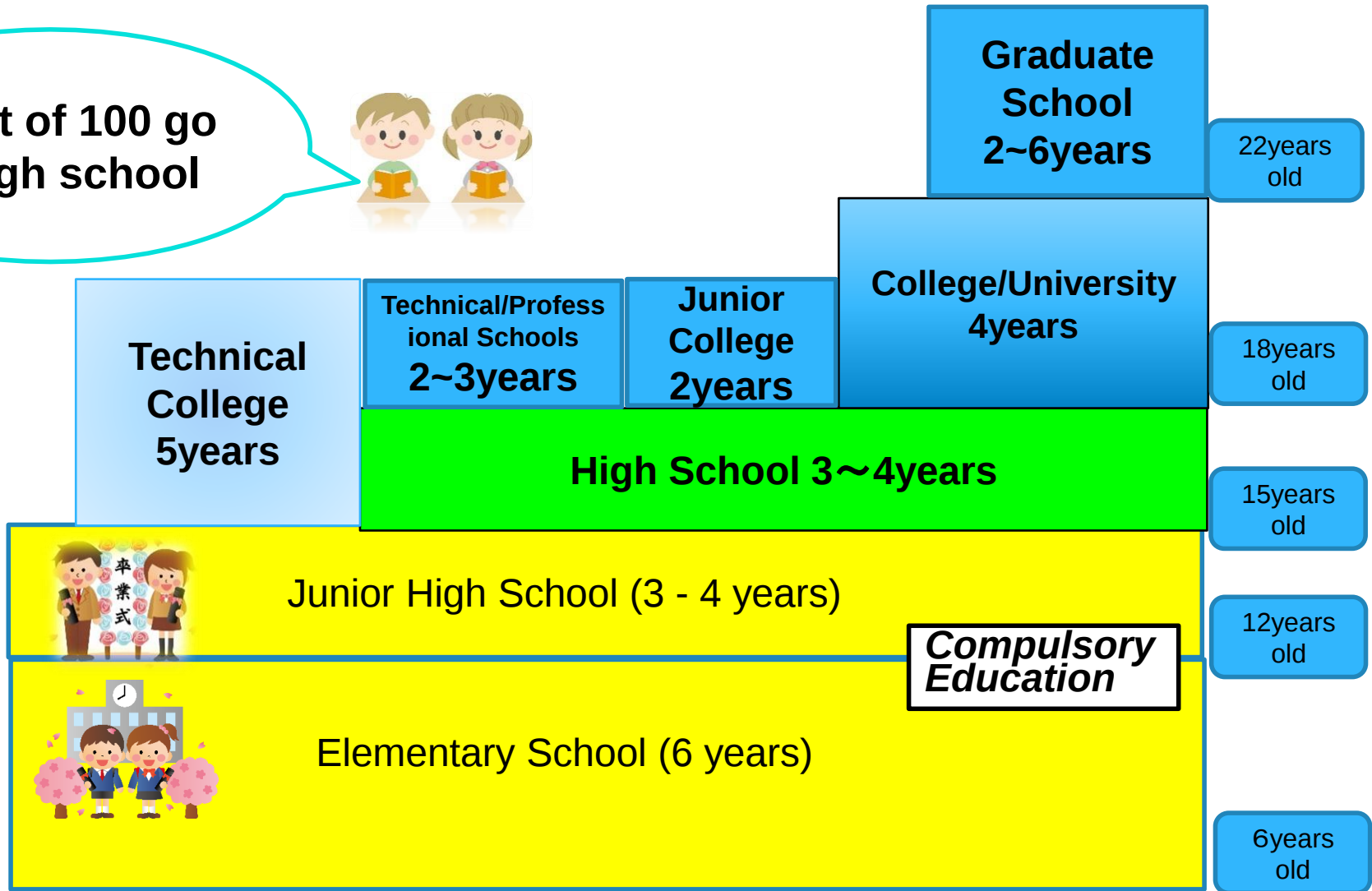
Please read it carefully and use it as a reference.

SCHOOL SYSTEM IN JAPAN



Japanese School System

98 out of 100 go
to high school



Types of High School

Public

National High School

- Established by the nation.
- 8 schools in Tokyo.

Tokyo Metropolitan High School

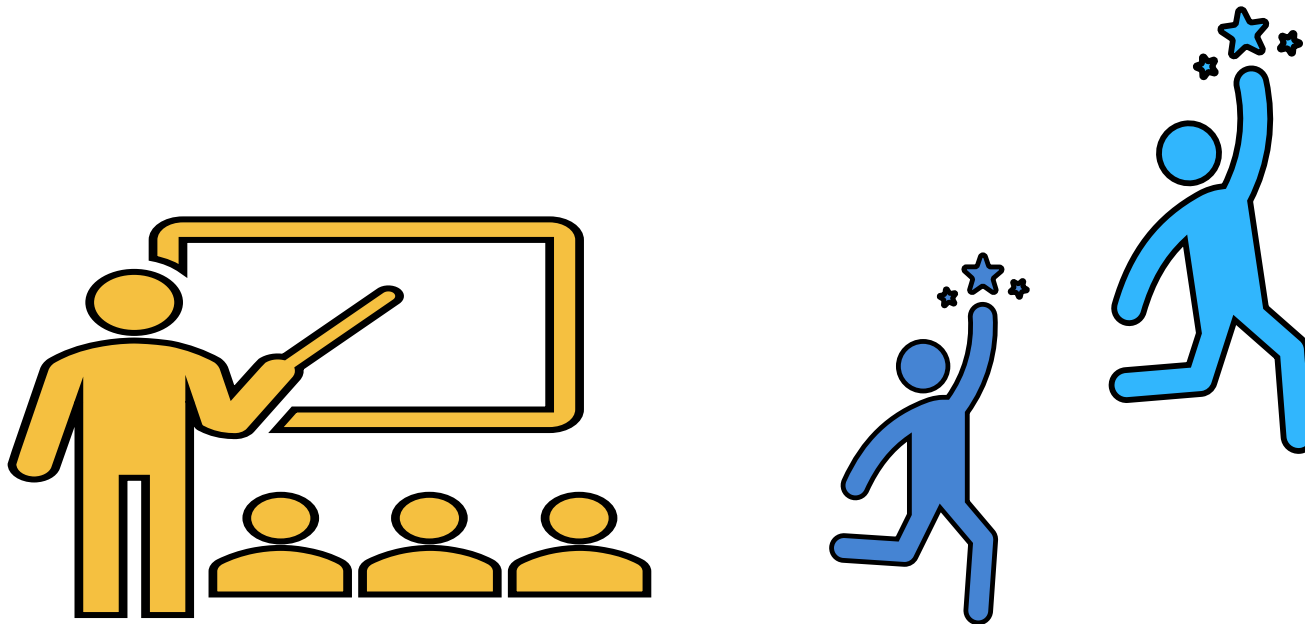
- Established by Tokyo Metropolitan Government.
- About 200 schools in Tokyo.

Private

Private High School

- Established by private enterprise.
- About 240 schools in Tokyo.

Tokyo Metropolitan High School



Full-Time Program and Part-Time Program

Program	Days to go to school • Class time
 Full-Time	• Class starts from 8:30 am to 3:30 pm. • School day is from Monday to Friday but some school has class on Saturday. • 3 years for graduation.
 Part-Time	• Take class either in morning, afternoon or evening (class time is 4 hours) • Day and Night Part-Time High Schools which has the 3-part school system (morning, afternoon, evening) and Night Part-Time High Schools using the same school building as Full-Time High School. • More than 3 years for graduation.

There are grade system and credit system schools

Grade system	◇ What you study differs by the Grade ◇ If you earn the required number of credits for the academic year, you will advance to the next academic year (if you do not earn those credits, you will remain in the same academic year (<i>ryunen</i>)).
Credit system	◇ No difference in grade level, just choose and take the required number of credits for the school year ◇ No difference in grade level so no <i>ryunen</i> but you have to take the credit needed for graduation.

1 class hour $\Rightarrow$ 1 credit

There are 4 types according to what you study

Types	What you study
General Subject Course	▪ Focusing on studying general subjects: Japanese, Social Studies, Math, Science, English etc.)
General Subject Course with a Course System	▪ While studying general subjects, focusing on the specific field as well (Foreign Cultural Course or Fine Arts Course etc.)
Specialized Subject Course	▪ Studying technology, specialized knowledge and basic skills directly related to the profession. (Commerce, Industry, Agriculture, Information, Art etc.)
Comprehensive Subject Course	▪ There are subjects related to not only General but also Specialized Subjects available to choose

About Entrance Examination



Application Qualification

(People who can take the entrance examination of the Tokyo metropolitan high school)

 **Completed 9 years of school education**

 **Full-time**
=People living in Tokyo with parents

 **Part-time**
=People living in Tokyo or working in Tokyo

Types of examination of Tokyo metropolitan high school

12

Schedule	Type of exam	Subject of exam
January 26 (1 school: Feb. 15)	• Special Quota For Foreign National Students residing in Tokyo Metropolitan	Essay composition and Interview
January 26, 27	• Recommendation-based admissions	School reports (chōsasho), Group Discussion, Interviews, Essay compositions, and Practical tests etc.
February 15	• Special Quota for Overseas returnee	Japanese, Math, English and Essay composition
	• Special Quota For Returning Japanese Displaced by the War in China and their Descendants	Essay composition and interview
February 21	• Academic Achievement Test (First round of application: Full-time, Night-time part time) (First phase of application period: Day and night time part-time)	(Full-time) Japanese, Math, English, Science, Social Studies (Part-time) Japanese, Math, English, Interview
March 10	• Academic Achievement Test (Second round of application period: Full-time) (Second phase of the division: Day and night time part time)	Japanese, Math, English
March 26	• Academic Performance Test (Night-time part time)	Japanese, Math, English, Interview

Important!!

In the Tokyo Metropolitan High School entrance exam, if you pass one, you cannot take the next Tokyo Metropolitan High School entrance exam.

1/26 (Tue) - 27 (Wed)

Recommendation-based admission

Target of exam.	Only 3 rd Year junior high school students in Tokyo.
Admission method	school reports (chōsasho), group discussion, personal interviews, essay compositions, and practical tests etc.
Procedure	Submit a request for recommendation to your junior high school and receive a recommendation from the junior high school principal.
Number of applicants	Not many.
How to apply	★ Apply online.

Entrance Examination for Special Quota

1/26 (Tue)

2/15 (Mon)

**Special Quota For Foreign National Students
residing in Tokyo Metropolitan District.**

Target/ Qualification	Both foreign and Japanese nationals can take the exam. (Third-year junior high school students in Japan are eligible for those who have come to Japan for up to three years and 3 months. There is no limit to the number of years for those who have graduated from a foreign local school.) People who live or plan to live in Tokyo and live with a parent or guardian
Admission method	Essay composition (Japanese or English) and Interview (Japanese or English)
Procedure	Apply after undergoing the prior qualification screening. Take the application form to the high school.
Number of School, Number of admission and Test month	12 schools/Few (admitting 15 to 25 people per school) January (11 schools), February (1 school)

Prior Qualification Screening for the Entrance Exam of special quota for foreign students in Tokyo

When : November: 1 time and December: 2 times

①Nov. 15 (Sun.), ②Dec. 6 (Sun.) and ③Dec. 20 (Sun.)
(Reserve day)

✕Reservations required

Place : Tokyo Metropolitan Gov. Office

Check the homepage of schools or Tokyo Metropolitan Board of Education for the qualification date.

★ Prepare your application documents early.
Documents should be the original, not copy

Entrance Examination for Special Quota

2/15 (Mon)

Special Quota for Overseas returnee

Target/ Qualification	Having Japanese nationality, living (lived) abroad with their parents and is going to live in Tokyo until admission date.
Admission method	▪ Japanese, Math, English and Essay composition. ▪ Interview and essay composition in Japanese or English. (For Local School Graduates Examination of Kokusai H. S.)
Procedure	Apply after being qualified for high school. (There is a limit to the qualification based on the length of time you lived abroad and after returning)
Implementation schools/Number of admission	4 schools / Few
How to apply	Online Application

Entrance Examination for Special Quota

2/15 (Mon)

Special Quota For Returning Japanese Displaced by the War in China and their Descendants

Target/ Qualification	Having an address in Tokyo along with the parents who are repatriates or is certain to have an address until the admission date and continue to go to school from Tokyo after that.
Admission method	Interview and essay composition in Japanese.
Procedure	Apply after confirming your qualification at the high school or Tokyo Metropolitan Board of Education. You have to prepare your application documents. (Repatriation Certificate etc.)
Implementation schools/Number of admission	3 schools/Few
How to apply	Take the application form to the high school where you will take the entrance examination.

2/21 (Sun)

Academic Achievement Test

★ **Apply online.**

First round of admission



Full-time high school

Subjects: 5 subjects

(Japanese, Math, English, Science, Social Studies)

First phase of application period • First round of admission

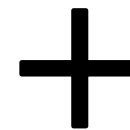


**Day and Night time part time,
Night time part-time high school**

Subjects: almost 3 subjects

(Japanese, Math, English)

The school decides the number of subjects.

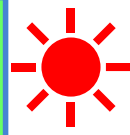


Interview

Academic Performance Test

★ Take the application form to the high school.

3/9 (Tue)



Second round of admission
Second phase of application period

Second round of admission (Full-time high school)
Second phase of application period (Day and Night time part time, 5 high schools)
Subjects: 3 subjects (Japanese, Math, English)

3/26 (Fri)



Second round of admission

Night time part time high school
Subjects: 3 subjects
(Japanese, Math, English)

★ Take the application form to the high school.

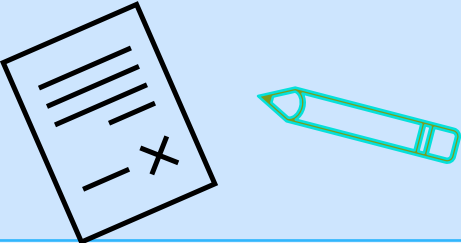
Interview
✕ only Japanese

Special arrangements of examination

This support is available to students who need Japanese language assistance, regardless of nationality.



Special Arrangement for the Students Who Need Language Assistance ① <Provide of Furigana (Rubi) >

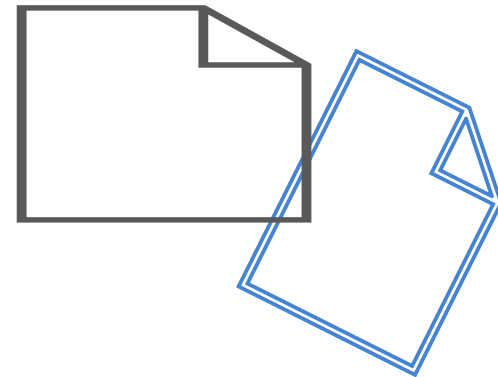
Target	The students who has been in Japan for less than 6 years and need Japanese language assistance. (regardless of nationality)
Special Arrangement	Provide of Furigana (Rubi) to Kanji on examination test sheet 5 subjects (Japanese, Math, English, Science, Social Studies) ※In the Japanese language test, there are some parts that do not have Rubi. 
Document and Procedure	Submit “Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools”. ★ Proof of arrival period: Prepare passport, etc.

Special Arrangement for the Students Who Need Language Assistance ②

<Provision of Furigana (Rubi), Can bring dictionary >

Target	The students who has been in Japan for less than 3 years and 3 months and need Japanese language assistance. (regardless of nationality)
Special Arrangement	▪ Provision of Furigana(Rubi) to Kanji on examination test sheet of 5 subjects (Japanese, Math, English, Science, Social Studies) ▪ Can bring dictionary (up to two) ✕ Excludes Japanese language test ▪ Extend test time by 10 minutes for 4 subjects. ✕ Excludes Japanese language test
Document and Procedure	Submit “Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools (Rubi, Dictionary)”. ★ Proof of arrival period: Prepare passport, etc.

How to Apply for the Examination and Documents





Application Methods

①Apply online ②Bring it to the school

①Applying Online

Internet Application Exam	• Recommendation-based admissions (January) • Examination for Overseas Returnee (Feb. 15) Kokusai H.S. • First round of admissions/First phase of application period (February 21)	
Data that must be submitted online	• Application Form • Entrance Examination Fee	★If it is difficult to submit online, please contact the high school where you will take the exam and submit on paper.
 Other Documents	Submit at the post office ⇒ Submit in the form of “simple registered mail”	

☆ ②Bring the documents to the school

• Residing in Tokyo-based exam (January), Second phase of application period (March) and Second round of admission for part-time high schools (March)

Application documents

★In the case Junior High School Students in Tokyo Metropolitan



	Documents	Place to receive
①	Application Form	Junior H.S.
②	School Report (Chōsasho)	Junior H.S.
③	Receipt of entrance examination fee Full-time ¥2,200 Part-time ¥950	Online payment or Transfer at post office
④	▪“Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools”. (who wish to apply). ▪“Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools (Rubi and Dictionary)”. (who wish to apply).	Junior H.S.
⑤	Jiko PR kādo (Self-introduction card) (Only for the schools with interview test)	Junior H.S.

Application documents

★In the case the students who graduated from a Junior High School outside Japan or who do not attend a Junior High School in Tokyo Metropolitan.

	Documents	Place to receive
①	Application Form	School to take exam or Tokyo Metropolitan Center for Educational Guidance
②	Receipt of entrance examination fee Full-time ¥2,200 Part-time ¥950	Online payment or Transfer at post office
③	Junior High School Diploma, and Certificate of School Record from outside Japan	Get from the school which you graduated
④	Certificate of Entries Recorded in Resident Record ★ In principle, you need both your and your parents' certificate of the entries in the resident record	Ward office or City office
⑤	•“Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools”. (who wish to apply). •“Application for measures regarding the implementation of academic achievement tests for students requiring Japanese language assistance taking entrance examinations for Tokyo Metropolitan High Schools (Rubi and Dictionary)”. (who wish to apply).	School to take exam or Tokyo Metropolitan Center for Educational Guidance
⑥	Jiko PR kādo (Self-introduction card) (Only for the schools with interview test)	School to take exam or Tokyo Metropolitan Center for Educational Guidance

①Application Form

(様式4)

令和8年度 東京都立高等学校入学願書

〔全一次、定一次・
分割前期共通様式〕東京都立 西新宿 高等学校長 殿

出 願 区 分

令和8年度 都立高等学校受検票

〔全一次、定一次・
分割前期共通様式〕

貴校への入学を志願します。

志望校(第1志望)	変更前	西新宿 高校	専攻学科への志願者で第2志望以下を志望する場合は、志望の順位を記入することができる。
	変更後	普通	第2志望 科(分野)部 第4志望 科(分野)部
		普通	第3志望 科(分野)部 第5志望 科(分野)部
		普通	第2志望 科(分野)部 第4志望 科(分野)部
[チョウジンジスクール、一橋高校、浅草高校、荏原高校、八王子東高校、砂川高校を除く定時制は変更できない。]			
志願者	フリガナ	シン ジュク タロウ	写真 正面上半身脱帽 (4cm×3cm) ・令和7年10月1日 以降に撮影したもの ・カラー・白黒どちら でも可
	氏 名	新宿 太郎	
	生 年 月 日	平成22年 9月 6日 15歳	
	現 住 所 (出願時の住所)	〒163-8001 東京都新宿区西新宿2-8-1	
	入学式までに転居予定 の人は入学後の住所	〒	
保護者	在 学 (出身) 中 学 校 名	新宿区立 新宿中央 中学校	切 り 取 り 取 ら な い こ と
	卒 業 年 月	令和8年 3月 (卒業見込)・卒業	
	現 住 所 (出願時の住所)	〒 志願者と同じ (電話) 03(5320)6745	
入学式までに転居予定 の人は入学後の住所		(電話)	

志願者は、高等学校、高等専門学校に在学していません。また、現在、都立高等学校、都立産業技術高等専門学校に合格していません。
なお、事実と異なる記載によって入学したと認められた場合は、入学を取り消されても異存ありません。

令和8年1月30日

保護者氏名 新宿 春子
(日 番)志願者との続柄 母

上記の者は貴校に応募する資格があることを確認しました。

令和8年2月2日

新宿区立 新宿中央 中学校長 東京 花子
(電話) 03(5320)6755

公印

全一次

全一次

定一次・
分割前期定一次・
分割前期※ 全一次又は定一次・分割前期
を赤色の○で囲む。成人受検者特別
措置希望(定時制)成人受検者特別
措置希望(定時制)ルビ振り等
受検上の配慮希望ルビ振り等
受検上の配慮希望ルビ付問題
解答持込みルビ付問題
解答持込み

受検番号	受検番号
変更前	変更前
フリガナ	シンジュク タロウ
受検者氏名	新宿 太郎
在 学 (出身) 中 学 校 名	新宿区立 新宿中央 中学校
検査会場名	※
検査会場名	※

・検査会場が入学願書受付高校と異なる場合には、各高校が志願者に通知する。

1 検査日時及び時間割

令和8年2月21日(土) 午前8時30分集合

(1) 時間割 (定時制成人受検者特別措置の受検者を除く。)

第1時限 国語 午前 9時00分 ~ 午前 9時50分
第2時限 数学 午前 10時10分 ~ 午前 11時00分
第3時限 英語 午前 11時20分 ~ 午後 0時10分
第4時限 社会 午後 1時10分 ~ 午後 2時00分
第5時限 理科 午後 2時20分 ~ 午後 3時10分

・検査教科が3教科の高校では、学力検査の終了時刻が異なる場合がある。
・実技検査及び面接等を行う場合は、各高校が集合時刻及び時間割を志願者に通知する。
・定時制成人受検者特別措置の受検者及び学力検査問題を自校で作成する定時制の受検者については、各高校が集合時刻及び時間割を志願者に通知する。
・検査中に不正行為が確認された場合、厳正に対応する。

(2) 持ってくるもの
受検票、HB又はBの鉛筆(シャープペンシルも可)、消しゴム、直線定規(角度の目盛りのないもの)、コンパス、弁当、上履き
なお、時計以外の機能を備えた時計、携帯電話や電子時計型の端末などの通信機器の使用は許可しない。

2 合格発表日時

全日制 令和8年3月2日(月) 午前8時30分(合否照会サイト上で発表※)

午前9時30分(校内掲示)

定時制 令和8年3月2日(月) 午前8時30分(合否照会サイト上で発表※)

午後4時(校内掲示)

※ 合格発表は合否照会サイトで行う予定です。

(サイトのURLについては、各高校から別途お知らせします。)

※ この受検票は、合格通知書を受領する時及び得点等の開示を請求する時に必要なのでなくさないこと。

②Receipt of entrance examination fee

(受検票・裏)

＜ 入学願書提出期間 ＞

令和8年1月9日(金)から1月16日(金)まで

(のりしろ)
領収証書貼付欄②

(のりしろ)
領収証書貼付欄①

貼る前に領収証書を
確認してください。

1 金融機関(銀行・郵便局等)
の領収印はありますか?

2 端の色と金額は?

・全日制の人は、オレンジ色(2,200円)です。
・新宿山吹高校(情報科)の人は、青色(950円)です。

入学考査料は、納付書裏面に記載の納付場所
で納付してください。ただし、納付したものは、
いかなる理由でも還付しません。

入学考査料納付後の領収証書は、入学願書受
付の際に必要なので、領収証書貼付欄に貼り付
けてください。

(のりしろ)

(「(様式3)」の裏面)

入学願書記入上の注意

- 1 高等学校長の宛名
志願する高等学校名を記入してください。
- 2 入学願書及び受検票の出願区分の欄等
志願する出願区分を赤色の○で囲んでください。
なお、特別推薦と一般推薦の両方を志願する者は、両方をそれぞれ赤色の○で囲んでください。
- 3 第1志望の欄
志願する高等学校名とコース、科(小学科・分野)、部名を記入してください。
特別推薦の種目等の欄には、一つを指定して記入してください。
- 4 第2志望の欄
一般推薦において、第1志望に専門学科を志願する者は、第2志望の欄に、機械、電気、電子などと記入して
ください。第2志望を志望しない場合には「なし」と記入してください。
記入のない場合は、第2志望を志望しないものとみなします。
- 5 志願者の氏名の欄には、住民票に記載されているとおりの氏名を記入してください。
外国籍を有し住民票に通称名が記載されていて、受検票に通称名のみを記載を希望する者は、志願者の氏名の
欄は本名の後に通称名を()を付して記入してください。この場合、受検票の受検者氏名については、通称
名だけで構いません。
- 6 生年月日の欄の年齢は、令和8年3月31日現在で記入してください。
- 7 住所の欄には、例えば、「西新宿二丁目8番1号」は「西新宿2-8-1」と記入しても構いません。
- 8 出願日以降入学式までの間に都内に転居することが確実な者は、転居予定先の住所を「入学式までに転居予定
の人は入学後の住所」欄に記入してください。
- 9 保護者の現住所が志願者の現住所と同じ場合は、「志願者と同じ」と記入しても構いません。
- 10 大島海洋国際高校に志願する場合は、保護者が都内に在住し、受検者本人が入会するか、大島に身元引受人と
なる親族が在住しているか、又は保護者とともに大島に転居することが確実でなければなりません。
- 11 保護者氏名は必ず自署してください。
- 12 黒のペン又はボールペンで記入してください。ただし、摩擦に伴う温度変化等により消色するインクを用いた
ペン又はボールペンは、使用しないでください。
- 13 ※欄は、記入しないでください。

※ 特別推薦又は一般推薦のどちらか一方を志願する場合は、1枚の領収証書を、左側の貼付欄①に貼り
付けてください。

※ 特別推薦と一般推薦の両方を志願する場合は、2枚の領収証書を、左側の貼付欄①と、貼付欄②に貼
り付けてください。

個人情報の提供に関する同意署名欄(任意)

私は、東京都立高等学校入学考査(推薦に基づく選抜)における検査結果の全て【(1)受検番号(2)氏名(3)在
籍学校名(4)個人面接等の得点(5)小論文・作文の得点(6)実技検査の得点(7)学校設定検査の得点】を、在籍する
学校における進路指導や学習指導に活用するために、都立高等学校から在籍する学校へ提供することに同意しま
す。

令和 年 月 日 (署名)

(注意) ※ 上記の内容に同意する場合のみ、志願者本人が自署してください。

※ 在籍する学校に提供された入学考査における検査結果は、個人情報としてその秘密を厳守し、
進路指導や学習指導以外の目的には一切使用いたしません。

③Certificate of the entries in the resident' card

(様式応3) (A4判)

住民票記載事項証明書				
①住所	②世帯主 氏名			
③氏名	④生年月日	⑤住所を定めた 年 月 日	⑥世帯主との 続 柄	⑦国籍・地域

※都立高校
使用欄
旅・在・他

上記事項は住民票に記載があることを証明します。

年 月 日

区市町村長氏名

公印

- (注意) 1 証明を要する者について、住民票に記載されているとおり枠内に記入し、令和7年11月20日以降に証明を受けてください。
 2 区市町村所定の様式も使用することができます。ただし、上記①から⑥に該当する項目が含まれている必要があります。
 3 志願者が成人の場合は、保護者についての記載は不要です。
 4 志願者が外国籍の場合は、⑦の国籍・地域についても証明を受けてください(志願者以外については、証明は必要ありません。)。
 なお、住民票に通称名が記載されている場合は、「氏名」欄に括弧書きで通称名の証明を受けてください。

【都立高校使用欄】
 *外国籍を有する志願者のうち、在日期间の確認が必要な志願者の上陸許可年月日を記入する(志願者のみの確認でよい)。
 *上陸許可年月日を確認した書類の種類(旅券、在留カード、その他)について、「旅・在・他」のいずれかを○で囲む。

④ Application Form for Special Exam for the Students Who Need Language Assistance

Provision of Furigana (Rubi)

★Target:

The students who has been in Japan for less than

6 years and need Japanese language assistance.
(**regardless of nationality**)

(様式 30) (A 4 判)

受付番号	変更前	
	変更後	

日本語指導が必要な生徒等の都立高等学校受検に対する 学力検査等実施上の配慮申請書 (ルビ付問題)

東京都立 _____ 高等学校 長 殿

年 月 日

保護者住所 _____
保護者氏名 (自署) _____
志願者との続柄 _____

東京都立高等学校入学者選抜実施要綱の規定により、日本語指導を必要とする生徒等の都立高等学校受検において学力検査問題等にひらがなのルビを振る配慮を下記のとおり申請します。

記

- 志願校名 東京都立 _____ 高等学校 (全・定) _____ コース・科 (分野)
- 志願者 (1) 氏名 (通称名) _____
(2) 生年月日 _____ 年 _____ 月 _____ 日生
(3) 在学 (出身) 中学校 _____ 立 _____ 中学校
(4) 最終入国年月日 _____ 年 _____ 月 _____ 日

3 中学校長記入欄

上記のとおり、受検上の配慮が必要であると考えます。			年 月 日
校長名	立	中学校長	公印
学校の電話番号 _____			
申請内容について追加する意見があれば記入してください。			

(注意)

- 本申請書は、出願書類提出時に志願する都立高校長に提出してください。
- 中学校に在学していない者は、入国後の在日期間が6年以内であることを証明する公的機関発行の書類も併せて提出してください。ただし、中学校長を経由する必要はありません。
- 第一次募集・分割前期募集及び分割後期募集・第二次募集における学力検査問題の共通問題が、本配慮の対象となります。なお、在京外国人生徒等対象の選抜における検査問題については、ひらがなのルビを振った問題で実施するため、本申請書を提出する必要はありません。

⑤ Application Form for Special Exam for the Students Who Need Language Assistance

Provision of Furigana (Rubi) Can bring in dictionary

★Target:

The students who has been in Japan for less than

3 years and need Japanese language assistance.

(**regardless of nationality**)

(様式 31) (A 4 判)

受 付 番 号	変更前	
	変更後	

日本語指導が必要な生徒等の都立高等学校受験に対する 学力検査実施上の配慮申請書 (ルビ付問題・辞書持込み)

年 月 日

東京都立 _____ 高等学校長 殿

保護者住所 _____

保護者氏名 (自署) _____

志願者との続柄 _____

東京都立高等学校入学者選抜実施要綱の規定により、日本語指導を必要とする生徒等の都立高等学校受験において、ひらがなのルビを振った学力検査問題での検査の実施に加え、辞書の持込み及び検査時間の延長の配慮を下記のとおり申請します。

記

- 1 志願校名 東京都立 _____ 高等学校 (全・定) _____ コース・科 (分野)
- 2 志願者 (1) 氏名 (通称名) _____ ()
(2) 生年月日 _____ 年 _____ 月 _____ 日生
(3) 在学 (出身) 中学校 _____ 立 _____ 中学校
(4) 最終入国年月日 _____ 年 _____ 月 _____ 日
(5) 入国前の最終学校 (国名・都市名) _____

上記のことについて事実と相違ありません。

年 月 日

校長名 _____ 立 _____ 中学校長 _____

公印

(注意)

- 1 本申請書は、出願書類提出時に志願する都立高校長に提出してください。
- 2 中学校に在学していない者は、入国後の在日期間が3年以内であることを証明する公的機関発行の書類も併せて提出してください。ただし、中学校長を経由する必要はありません。
- 3 持ち込める辞書は、希望する外国語について、日本語に対する当該外国語の訳が記載されている辞書1冊、当該外国語に対する日本語の訳が記載されている辞書1冊の合計2冊を原則とします (例：日中辞典と中日辞典)。

なお、持ち込む辞書は、第一次募集・分割前期募集は令和8年2月9日 (月) から令和8年2月13日 (金) 正午まで、分割後期募集・第二次募集は令和8年3月5日 (木) から令和8年3月9日 (月) 正午までに、受験する都立高校長に提出してください。ただし、辞書に書込みがある場合など、志願先の都立高校長の判断により、提出した辞書が使用できないことがあります。

- 4 電子辞書は使用できません。
- 5 第一次募集・分割前期募集及び分割後期募集・第二次募集における学力検査問題の共通問題が、本配慮の対象となります。
- 6 辞書の持込みに伴い、各教科10分の検査時間の延長があります (別室)。ただし、国語の検査では辞書の持込みはできません。また、国語の検査では、時間延長はありません。

(様式12) (A4判)

受験番号	コース・科(分野)・部	受験番号	コース・科(分野)・部
文化・スポーツ等 特別推薦		一般推薦	
		一般選抜	

自己PRカード

東京都立

高等学校長 殿

年 月 日

立 中 学 校

氏 名

1 志望理由について

(この学校を志望した理由と入学してから自分が取り組みたいと思うことなどについて『本校の期待する生徒の姿』を参考にして記入しましょう。)

--

2 中学校生活の中で得たことについて

(中学校生活の中で自分が特に伝えたいことを学校内外で体験したことから選び、そこから自分が得たことについて具体的に記入しましょう。)

--

3 高等学校卒業後の進路について

(将来の夢や目標、将来なりたい職業など、高等学校卒業後の進路について自分が考えていることを具体的に記入しましょう。)

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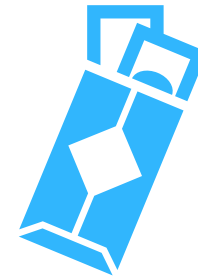
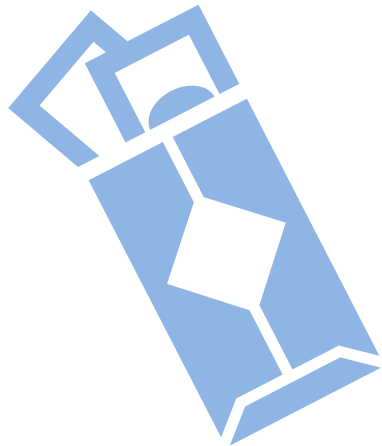
(注意) 1 志願者が黒のペン又はボールペンで記入する。ただし、摩擦に伴う温度変化等により消色するインクを用いたペン又はボールペンは、使用しないこと。

なお、コピー等鮮明な表記のものは認める。

2 推薦に基づく選抜を志望する者、学力検査に基づく選抜において面接を実施する都立高校を志願する者は、この自己PRカードを出願時に提出する。また、面談の対象となる者、一般の学力検査における引揚生徒の受検についての措置又は定時制成人受検者特別措置により受検する者についても、出願時に提出する。

⑥ Jiko PR kādo (Self-introduction card)

Tuition Fee



1. Tuition etc.

Cost		Full time	Part time
Time of exam.	Entrance Exam Fee	¥ 2,200	¥ 950
	Entrance fee	¥ 5,650	¥ 2,100
After passing the exam.	Tuition (annual)	¥ 118,800	¥ 32,400
	Income restrictions were eliminated, and tuition will be free.	¥0	¥0

Income restriction were eliminated and tuition fee is no longer charged in Tokyo Metropolitan.

But you need to follow the procedures after entering high school.

2. Other Expenses

When	Costs	Notice
1st year  	¥100,000~ 250,000 ▪ School Entrance Fee ▪ School Uniform, Gym Clothes ▪ Transportation Expenses ▪ Textbook fee ▪ Deposit etc.	March (before admission) 100,000~150,000 yen required. You have to pay the entrance fee, school uniform fee etc. first. Let's prepare!
		After admission If you don't have enough money, consult high school. There are various payments methods such as installment payment, etc. There is also a scholarship system.
2nd year onwards	Less than 1 st year	

Preparation for Entrance Examination



- 1. Upcoming exam schedule**
- 2. Let's decide the school
you want to enter!**

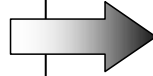
~For 3rd grader in Japanese junior high school~

1. Schedules for upcoming exam.

37

July

First survey about
future study perspectives

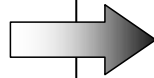


- Do you like to attend high school or to start working?
- Do you like to go to a Tokyo Metropolitan high school?
- Do you like to go to a private school?
- Do you have a preferred high school?

Academic performance of 1st Semester

- Academic records of the 1st semester are crucial!

Parent-Teacher-Student Meeting



- Which high school is your first choice?
- Study plans during a summer holidays.
- High school visit during the summer holidays.

Things to do during the summer
holidays

Let's attend supplementary lessons at
school or visit high schools.

Let's study hard during the summer holidays!

**Summer holiday is the most important time
for your studies!**

**Study Japanese, Math and English
Attend the local tutorial support class, if
you can!**

September 2nd Semester

Gather information on High Schools!
There are school cultural festivals, introductory sessions etc. from September to December

Check the school homepage!

•Take a trial examination at school/other venues at least once in the second semester.

October

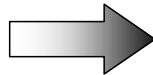
Mid-term Examinations

Guidance session for future courses at Junior High Schools

November

Second survey about future study perspectives

Parent-Teacher-Student Meeting



Which High Schools will you apply for?

- Would you like a recommendation to a private?
- Would you like a recommendation to a Tokyo Metropolitan high school?

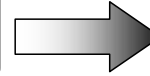
Final Examinations

December

Internal academic evaluation will be completed

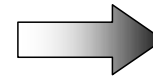
Evaluation will be made based on performance records in the 1st and 2nd semesters!

Third survey about future study perspectives



Fill in high school names in application forms

Parent-Teacher-Student Meeting



Final Decision!

Academic performance of 2nd Semester

*Consultation about private high school

Consultation of private high school enrollment will start from around Dec. 15 usually.

Junior high school teachers and private high school teachers will consult about Recommended students & those who will take exam.

★This year's schedule is not yet confirmed

- Make sure to try previous years' admission exams of your targeted schools.
Japanese, Math, English, Science, Social studies
- Attend nearby local tutorial support class if you can.

Winter Holidays

3rd semester

January Entrance examination

Private school: recommendation-based exam
Metropolitan school: Special quota for foreign national students
recommendation-based exam



*It is difficult to secure a recommended-based exam for a Tokyo Metropolitan high school.

February Entrance examination

Private school exams
Tokyo Metropolitan high school exams:

- Special quota for overseas returnee
- Special quota for Returnees and Repatriates
- Academic Achievement Test (First round of exam)
- First phase of application period

Various Application Methods

1. Internet
2. Mail
3. Bring to school

March Entrance examination

Tokyo Metropolitan high school exams

- Second phase of application period
- Academic Achievement Test (Second round of exam)
- Pert time exam

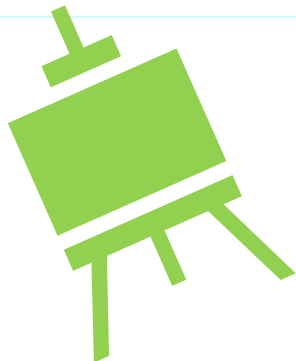
Check the information on entrance examinations carefully!

2. Let's decide the school you want to study!

Carefully research the characteristics and choose the school that suits you!

**School atmosphere, characteristics, level, distance from home,
Japanese language support, etc.**

Next, school with relatively many foreign students



I. Schools with Special Quota For Foreign National Students

Foreign and Japanese students are eligible. Prior qualification screening in Nov. & Dec.

High School Name	Exam day	
Asuka	1/26	❖ Entrance examination ▪ Essay composition (Japanese or English) and Interview (Japanese or English) ❖ There is a prior qualification screening in Nov. and Dec.
Tagara		
Takenodai		
Minami-katsushika		
Fuchu-Nishi		
Rokugo-Koka		
Suginami-Sogo		
Hitotsubashi		
Asakusa		
Ogikubo		
Sunagawa		
Kokusai	2/15	Online application for Kokusai

Full-Time

Day and Night
Part-Time

2. Day and Night Part-Time High Schools

Credit system

★ Schools with Special Quota For Foreign National Students(1st and 2nd parts shift only)

You can choose period of time for study, either morning, afternoon or evening.

High School Name	Exam day	
Shinjukuyamabuki	First round of admission: 2/21	❖ Entrance examination Japanese, Math, English and Interview (Japanese) ❖ Graduation in 3~4 years
Hitotsubashi★	First phase of application period: 2/21	
Asakusa★	Second phase of application period: 3/9	
Ogikubo★		
Sunagawa★		
Hachioji-takushin		

3. Challenge School

Part-time High School based on credits. Offer morning, afternoon and evening classes.

High School Name	Exam day	
Kirigaoka	2/21	❖ Entrance examination ▪ Application Form ▪ Interview, Essay compositions ✕ No need to submit junior high school grades. ❖ Small group classes
Setagaya-izumi		
Ooedo		
Roppongi		
Minorigaoka		
Hachioji-takushin		
Odaihashi		
Tachikawa Midori High School		

4.Encourage School

- Full time system
- Learning from the basics
- Small group and level-based classes



High School Name	Exam day	
Adachi-higashi	2/21	❖ Entrance examination ▪ Junior high school record ▪ Interview ▪ Essay composition
Kamata		
Akirudai		
Higashi-Murayama		
Nerima Technical High School		
Nakano Technical High School		

5. Night Part-Time High School

Studying from 5 pm to 9pm.

Graduation in 4 years (3 years graduation would be possible in some schools).

High School Name	Exam day	
There are about 40 night part-time high schools in Tokyo	The first round of admission 2/21	❖ Entrance examination
		Japanese, Math, English and Interview
	The second round of admission 3/26	❖ Graduated in 3 to 4 years
		❖ Small group class ❖ Many schools have Japanese language support system

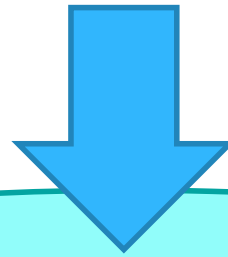
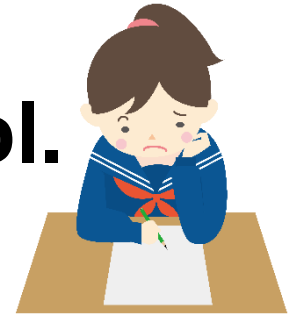
Map of Metropolitan High School

Schools with Special Quota for Foreign Students (12 schools)

⊙ ⇒ Night and Daytime Part-time high school (6 schools)



**Who does not Know how to study.
Who wants to consult about high school.**



**Let's go to volunteer support
classroom near your home!**



Learning support classroom

Area	Learning support classroom	Location and Contact
Arakawa-ku	Multicultural Center Tokyo (Tabunka Kyōsei Center Tokyo) Tabunka Free School Arakawa	① JR Mikawashima Station (Joban-line) 5 min. ② Shin-mikawashima Station (Keisei-line) 5 min. ③ Machiya Station (Tokyo metro Chiyoda-line) 12 min. TEL/FAX: 03-6807-7937 e-mail: info@tabunka.or.jp URL: https://tabunka.or.jp
Nerima-ku	CCS Nerima Center ✂ Online support	Shakujiikoen Station (Seibu Ikebukuro-line) 3 min. e-mail: ccs@e-mail.jp URL: http://ccs-ngo.main.jp/
Suginami-ku	Multicultural Center Tokyo (Tabunka Kyōsei Center Tokyo) Tabunka Free School Suginami	Nishiogi Station (Seibu Shinjuku-line) 12 min. TEL/FAX: 03-6915-0200 Email: info@tabunka.or.jp URL: https://tabunka.or.jp/

Learning support classroom

Area	Learning support classroom	Location and Contact
Ohta-ku	OCNet Ohta Citizen's Network for Peoples' Togetherness	◆e-mail : jimukyoku@ocnet.jp ◆URL: http://www.ocnet.jp/
	Legato Ota	◆e-mail : mohitotsu@legatoota.jp ◆URL: https://www.legatoota.jp/
Shinagawa-ku	IWC Kokusai Shimin no Kai	Omori Station (Keihintohoku-line) North Exit 5 min. TEL: 03-6423-0954 FAX: 03-6423-0955 e-mail: iwc@npo-iwc.com URL: http://www.npo-iwc.com
	CCS Meguro Center ✂ Online support	Meguro Station (JR Yamanote-line, Tokyo Metro Nanboku-line, Toei-Mita-line, Tokyumeguro-line) 3 min. e-mail: ccs@e-mail.jp URL: http://ccs-ngo.main.jp/

Learning support classroom

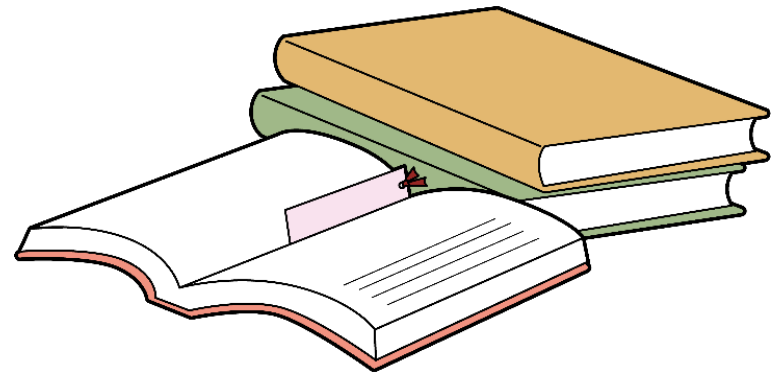
Area	Learning support classroom	Location and Contact
Shinagawa-ku	CTIC (Catholic Tokyo International Center)	Meguro Station (JR Yamanote-line, Tokyo Metro Nanboku-line, Toei-Mita-line, Tokyumeguro-line) 3 min. Tel: 03-5759-1061 Fax: 03-5759-1063 URL : https://ctic.jp/en
Bunkyo-ku	Japanese language support class at TOYO University (SPIRIT)	Hakusan Station (Toei Subway Mita-line) 5 min. from exit A3 to Main gate, South Gate 5 min. from exit A1 to West gate ◆URL : https://www.instagram.com/toyo_spirit/
Musashino-shi	MIA (Musashino International Association)	Musashi sakai Station (JR Chuō-line) 1 min. TEL: 0422-36-4511 FAX: 0422-36-4513 e-mail: mia@coral.ocn.ne.jp URL : https://mia.gr.jp/en/
Nishitokyo-shi	NIMIC (NPO Nishitokyo Multicultural and International Center)	Tanashi Station (Seibu Shinjuku-line) 2 min. TEL/FAX: 042 - 461 - 0381 e-mail: info@nimic.jp URL : https://www.nimic.jp/en/
Fussa-shi	YSC Global School	Fussa Station (JR Ome-line) 8 min . TEL: 042-552-7400 FAX: 042-513-0266 e-mail: info@kodomo-nihongo.com URL : https://www.kodomo-nihongo.com/

Learning support classroom

Area	Learning support classroom	Location and Contact
Hachioji-shi	CCS Hachioji Center ※ Online support	① Hachioji Station (JR Chuo-line) 2 min. ② Keiō Hachioji Station (Keiō-line) 7 min. e-mail : ccs@e-mail.jp URL: http://ccs-ngo.main.jp/
	Hachioji International Association Hachioji Ekimae Learning Class	① Hachioji Station (JR Chuo-line) 2 min. ② Keiō Hachioji Station (Keiō-line) 7 min. TEL/FAX: 042-642-7091 e-mail : 802_kk@jcom.zaq.ne.jp URL : http://hia855.com/#
	Hachioji International Association Kitano Learning Class	Kitano Station (Keiō-line) 3 min. TEL/FAX: 042-642-7091 e-mail : 802_kk@jcom.zaq.ne.jp URL : http://hia855.com/#

※ There are more learning support classrooms in Tokyo. Contact any of the organizations nearby your home.

Private High School



Entrance Exam System of Private High School

Admission Method	Subject
General Entrance Exam	Mainly 3 subjects Japanese, Math, English
Recommendation-based admission – Single Application (For your First Choice High School)	If you pass, make promise to go to that high school. Consult with your junior high school teacher.
Recommendation-based admission - Dual Application (Can apply to different schools)	You can apply to more than one high school, and if your first choice is not accepted, you can also go to dual applied private high school.

Important!

★ Since the entrance examination schedule and recommendation criteria differ depending on the school, be sure to attend information session to confirm with the school.

★ Once you decide which school you want to attend, let's participate in information sessions and open classes many times.

★ This year's schedule is not yet set. Check the high school's website for more information!

The Costs of Private High School

When	Costs	Content
1 st year	1,000,000~ 2,000,000yen It varies from school to school. Check carefully through information sessions and on the website etc.	Fee for entrance, Practical study, Facilities, Parent associations, and School trip reserve funds, etc.
		Tuition Starting from the 2024, the Tokyo Metropolitan Government will pay tuition fee for private high schools up to a maximum of approximately 480,000 yen if you apply for it. Others are at your own expense. But in some school, there are also scholarship prpgram. Let's ask the school about it.
2 nd ~3 rd year	Less than 1st year	

Future Plans for Multilingual guidance

Multilingual High School Entrance Guidance in Tokyo Homepage

<http://www.tokyoguidance.com/>



【Bunkyo Guidance】

◆ **Date : July 5 (Sun)** ※Campus entry permit is required to enter the venue.

○ Contact Information : Multicultural Center Tokyo

Tel / Fax : 03-6807-7937 (※We can speak on the phone from 10:00 to 17:00.)

【Musashino Guidance】

◆ **Date : July 12 (Sun)** ※Reservations are required.

○ Contact Information : Musashino International Association (MIA)

Tel : 0422-36-4511

(※Telephone consultation hours are Tuesdays to Saturdays from 9:00 to 17:00.)

【Ohta Guidance】

◆ **Date : July 26 (Sun)** ※Reservations are required.

○ Contact Information : Legato Ohta

Tel : 03-3791-3831

(※Telephone consultation hours are Monday to Friday from 9:00 to 17:00)

【Hachioji Guidance】 ※Reservations are required.

◆ **Date : Scheduled for September or October**

【Shinagawa Guidance】 ※Reservations are required.

◆ **Date : Scheduled for October**

【Shinjuku Guidance】

◆ **Date : Scheduled for the beginning of November**



Tokyo metropolitan high school entrance examination information website

◇Tokyo Metropolitan Board of Education website

- Admission/Transfer of Students/Tuition Fees, etc. | Tokyo Metropolitan Board of Education
- Entrance Examination for Tokyo Metropolitan High Schools for Foreign Students, etc. | Tokyo Metropolitan High Schools | Tokyo Metropolitan Board of Education

◇Contact information

①Education Bureau Metropolitan School Education Department

High School Education Division Entrance Selection Section

- Tel : 03-5320-6745 (Monday to Friday: 9 to 17)

②Tokyo Education Counseling Center

- Tel : 03-3360-4175 ※Can only speak Japanese

0120-53-8288 ※ Only on Fridays, you can speak in English, Chinese, and Korean.